

CLINICAL



Figure 6: The teeth were isolated using an Optragate lip and cheek retractor, a Mckesson mouth prop and a saliva ejector



Figure 7: Venus Pearl's chameleon effect allows the composite to blend with natural dental tissues



Figure 8: Post-operative right side view



Figure 9: Post-operative left side view



Figure 10: The patient commented: 'This is so cool...I don't look like a little kid anymore. I feel like a real teenager now.'

A simple and reproducible technique for any general dentist. It is now the mainstay of my clinical practice.

medium chromatic dentine, followed by shade A1/B1 and a final CL layer. Each stage was fully light cured. The ease of use of Venus Pearl allows it to be employed both as a multilayer composite for aesthetic cases and as a single shade as required. The material has given me confidence to provide direct composite veneers that mimic nature and conserve natural dentition.

The Mylar Pull technique was used to ensure tight contacts. This uses a Mylar strip to draw unset composite through the contact area, to contour the material and adapt it well to the adjacent teeth. The occlusion was assessed against the pre-operative record.

Gross re-contouring and polishing were carried out with yellow and white grit composite burs. Finishing was completed with soft flex discs, before a final buff with the Venus Supra polishing kit. This two-step

system ensures an even polish and a glossy finish, to mimic the natural dentition. Finally, glycerine gel was placed over the completed restorations. These were then light cured for a further 30 seconds, to eliminate the oxygen inhibition layer.

Review appointment

The patient returned for a review two weeks later. The occlusion was rechecked, contacts assessed and final photographs obtained. The patient commented: 'This is so cool... I don't look like a little kid anymore. I feel like a real teenager now.'

I was happy with the final shade, shapes and imperceptible margins. I am confident that this should be the treatment of choice for most adolescent and many adult patients. With the aesthetic qualities of

Venus Pearl and its ease of use, this becomes a simple and reproducible technique for any general dentist. It is now the mainstay of my clinical practice. **□**



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DENTAL HEALTH

Dr Olumide Ojo BDS MFDS RCS(Eng) is part of the team at Ten Dental in Clapham, London. He has a keen interest in the latest cutting edge dental techniques and regularly attends courses across the UK to advance his knowledge. He is a full member of the British Academy of Cosmetic Dentistry, the Royal College of Surgeons and the Society for the Advancement of Anaesthesia in Dentistry.

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